

# *RESPECT-Mil*

*(Re-Engineering Systems of Primary Care Treatment in the Military)*

## Screening and Referral Process

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# Screening Using MEDCOM 774

- ★ Screen all Active Duty Primary Care visits when a PCM is seen
- ★ Excludes nurse visits, immunizations, daily wound care, etc.
- ★ Screening with take <1 minute for the 6 questions
- ★ ~87% of screens will be negative

# Six Question Screener

<b>MEDICAL RECORD – RESPECT-MIL PRIMARY CARE SCREENING</b> For use of this form, see MEDCOM Circular 40-20; The Surgeon General is the proponent.	TODAY'S DATE _____
The Army Surgeon General mandates that all Soldiers routinely receive the following primary health care screening: Please check the best answer to each of the questions on this page. Enter your personal information at the bottom and return this page to the medic or nurse.	
<b>PATIENT HEALTH QUESTIONNAIRE</b>	
<b>SECTION I</b>	
Over the <b>LAST 2 WEEKS</b> , have you been bothered by any of the following problems?	
1. Feeling down, depressed, or hopeless.	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. Little interest or pleasure in doing things.	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>SECTION II</b>	
Have you had any experience that was frightening, horrible, or upsetting that <b>IN THE PAST MONTH</b> , you...	
3. Had any nightmares about it or thought about it when you did not want to?	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. Tried hard not to think about it or went out of your way to avoid situations that remind you of it?	<input type="checkbox"/> Yes <input type="checkbox"/> No
5. Were constantly on guard, watchful, or easily startled?	<input type="checkbox"/> Yes <input type="checkbox"/> No
6. Felt numb or detached from others, activities, or your surroundings?	<input type="checkbox"/> Yes <input type="checkbox"/> No

**If 1 or both –  
give PHQ-9  
(white form)**

**If 2 or more  
give PCL –  
(green form)**

# CHECK for SI RISK (~1% all visits)

- ★ Check PHQ-9 question “i”
- ★ Check PCL question 19
- ★ Positive for risk is anything other than:
  - ★ “Not at all” or
  - ★ “No”
- ★ Connect patient with PCM ASAP